



Career Strategies For A Lifetime Of Success

Workshop

imagine ♦ achieve ♦ excel

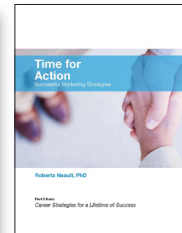
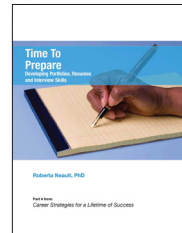
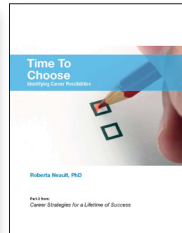
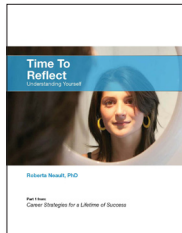
Join career counsellor, Alexandra Dueck, for this 4 week facilitated e-group. This 2-part online workshop, based on Dr. Roberta Neault's book, will help you gain insight, resources, and tools to successfully navigate life's transitions. Throughout this workshop you will engage in meaningful activities, interactive online discussions, and thoughtful self-reflection to help you make better informed career decisions and achieve work/life balance.

Part 1, Gaining Knowledge, will equip you to gain insight into your own needs and values to find and identify career possibilities that are a fit.

- Time to Reflect: Understanding Yourself
- Time to Explore: Understanding the Workplace
- Time to Choose: Identifying Career Possibilities

Part 2, Taking Action, will empower you to be proactive in networking, marketing yourself, and in maintaining a positive work/life balance.

- Time to Prepare: Developing Portfolios, Resumes and Interview Skills
- Time for Action: Successful Marketing Strategies
- Time to Look Ahead: Proactive Career Management



Who Should Join This Workshop?

Individuals experiencing life changes
(e.g. school to work, job change, job loss, life changes, injury, relocation)

Registration Information:

- Price: \$150+tax
- Next Date: TBA
- Format: facilitated online workshop

Special offer for January:

- Receive a PDF copy of the brand new, fully revised 2012 edition of the Career Strategies book by Dr. Roberta Neault

Registration includes:

- Certificate of workshop completion from Life Strategies
- One personal face-to-face or telephone career counselling session
- Extra counselling sessions can be scheduled for an additional cost

To register for this course please go to: www.lifestrategies.ca/store



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